



WINTER CHALLENGE
DECEMBER 2024
PSALM ONE NINETEEN

DAY 4

VERSE: T Daleth

My earthly life clings to the dust;
Revive *and* refresh me according to Your word.

26 I have told of my ways, and You have answered me;
Teach me Your statutes.

27 Make me understand the way of Your precepts,
So that I will meditate (focus my thoughts) on Your wonderful works.

28 My soul dissolves because of grief;
Renew *and* strengthen me according to [the promises of] Your word.

29 Remove from me the way of falsehood *and* unfaithfulness,
And graciously grant me Your law.

30 I have chosen the faithful way;
I have placed Your ordinances *before me*.

31 I cling tightly to Your testimonies;
O Lord, do not put me to shame!

32 I will run the way of Your commandments [with purpose],
For You will give me a heart that is willing.





Times of Refreshing

- Acts 3:11-26

THEME

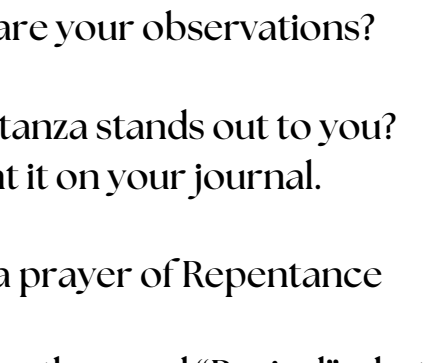
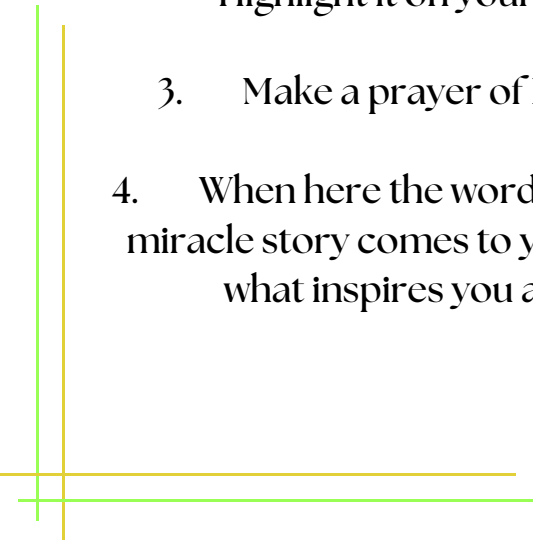
INSIGHTS

The Verse Daleth begins with the Poet's declaration of his weakened state in comparison to 'dust'. A phrase used to describe powder like particles that is made up of sand or soil, light enough to be carried by the wind. Being in such a desperate state he turns to God asks Him to revive him with His Word. He has full confidence in the power and sufficiency of God's Word to help him; strengthen/encourage and give him hope. Consequently, he pours out his heart to God [Philippians 4:6-7, 1 Peter 5:6-7], this approach of casting all his cares upon His maker makes him boldly approach the throne of mercy and Grace [Hebrews 4:14-16]. Yielding to God to teach him, and to help him understand His precepts. So that he can meditate on God's *wonderful works*. He also pleads with God to preserve his life through His Word for he recognizes that God's Word is what will sustain him as he continues to move forward towards what God has promised him [Jeremiah 15:16, Psalm 119:107].

Now, the Poet is aware of his heart predisposition towards sin. Therefore, he asks God for supernatural help keep him off the way of deceit as he has chosen a different path; *the way of faithfulness* all this through the God's ordinance and law. He knows that God's Word acts as a supernatural mirror that reflects unto us... triggering one to re-evaluate they choices [James 1:22-25]. The Word of God convicts those who meditate upon it reverently. Like a mirror, the Word shows what is wrong with us. And if we take the necessary action, we will be blessed. It keeps our heart clean by pointing out the areas that need confession and repentance.

Lastly, he declares that he is intentionally committed to God's ordinances and obedience to His Word leading him to request for a receptive (teachable) a heart

God's way of life is revealed in His Word. Jesus Christ says I am the bread of life (the Sustainer of life) [John 6:56-69], the Way, the Truth, and the Life [John 14:6], the Vine (remain dependent on Him) [John 15:5] and the Resurrection and the Life (he brings life to the physically, mentally, emotionally and spiritually dead) [John 11:25-26].

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1. What are your observations?
 2. What Stanza stands out to you?
Highlight it on your journal.
 3. Make a prayer of Repentance
 4. When here the word “Revival” what miracle story comes to your mind and what inspires you about it.
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CHALLENGE

INSPIRATION QUOTE

“

If we want revivals, we must revive our reverence for the Word of God

Charles H. Spurgeon

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Thank You for your participation!