



WINTER CHALLENGE
DECEMBER 2024
PSALM ONE NINETEEN

DAY 10

VERSE: † Yodh

Your hands have made me and established me;
Give me understanding *and* a teachable heart, that I may learn Your commandments.

74 May those who [reverently] fear You see me and be glad,
Because I wait for Your word.

75 I know, O Lord, that Your judgments are fair,
And that in faithfulness You have disciplined me.

76 O may Your lovingkindness *and* graciousness comfort me,
According to Your word (promise) to Your servant.

77 Let Your compassion come to me that I may live,
For Your law is my delight.

78 Let the arrogant be ashamed *and* humiliated, for they sabotage me with a lie;
But I will meditate on Your precepts.

79 May those who fear You [with submissive wonder] turn to me,
Even those who have known Your testimonies.

80 May my heart be blameless in Your statutes,
So that I will not be ashamed.





On-going Sanctification

-Philippians 2

THEME

INSIGHTS

The stanza († Yodh) opens with the Poet’s acknowledgement that God “made and fashioned” him, therefore he continues to appeal for help to gain understanding of God’s Word. He hopes to be an example that will encourage God’s people, those who “fear” God, to see him and rejoice by the way he puts his hope in God’s Word—even in the midst of difficulty and that they will help and support him in his trials.

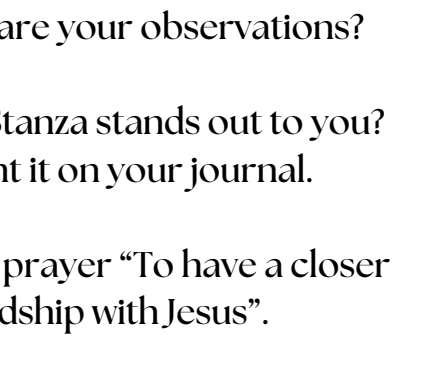
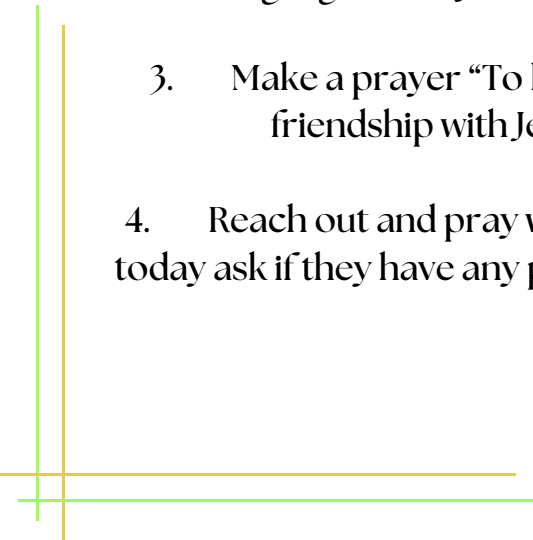
The Poet continues to reflect upon and resolve regarding his own suffering. Thus, he appeals to God to comfort him with His tender mercies. He is not too pious to ask of this as life can be extremely difficult. God never promised that it would be easy. He did promise to be with us each step of the way though. He also promised to provide for our every need.

He has also gone through some sought of betrayal; the arrogant and proud had tried to slander him and cut him down, but God was there for him. And so, he appeals his case to God, he wants the insolent to be put to shame, “Lord deal with those liars and give them what they deserve.”

He then asks God to give him influence so that he may inspire others. Those who love the Lord as he did would join him in sharing of the good things that God had done for them. In this way they would draw even more strength and encouragement.

Finally, he seeks a ‘blameless heart’ to avert evil regarding what the Word of God teaches so that he will not be put to “shame.” [Philippians 1:6]

The Poet demonstrates his desire to cooperate with God [Galatians 5:16] for ‘inner work’ which is a continuous process throughout life. For this reason, we must submit daily to God; it is only through His power that we can overcome sin. We are unable to live a holy life on our own.

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1. What are your observations?
 2. What Stanza stands out to you?
Highlight it on your journal.
 3. Make a prayer “To have a closer
friendship with Jesus”.
 4. Reach out and pray with a stranger
today ask if they have any prayer request’
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CHALLENGE

INSPIRATION QUOTE

“

Gradual growth in grace, growth in knowledge, growth in faith, growth in love, growth in holiness, growth in humility, growth in spiritual-mindedness – all this I see clearly taught and urged in Scripture, and clearly exemplified in the lives of many of God’s saints. But sudden, instantaneous leaps from conversion to consecration I fail to see in the Bible.

-J. C. Ryle

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Thank You for your participation!