



WINTER CHALLENGE  
DECEMBER 2024  
PSALM ONE NINETEEN

DAY 9

VERSE: 9 Teth

You have dealt well with Your servant,  
O Lord, according to Your promise.

66 Teach me good judgment (discernment) and knowledge,  
For I have believed *and* trusted *and* relied on Your commandments.

67 Before I was afflicted I went astray,  
But now I keep *and* honor Your word [with loving obedience].

68 You are good and do good;  
Teach me Your statutes.

69 The arrogant have forged a lie against me,  
But I will keep Your precepts with all my heart.

70 Their heart is insensitive like fat [their minds are dull and brutal],  
But I delight in Your law.

71 It is good for me that I have been afflicted,  
That I may learn Your statutes.

72 The law from Your mouth is better to me  
Than thousands of gold and silver *pieces*.





Divine Discipline  
“Long Suffering”

– Hebrews 12:4-17

## THEME

## INSIGHTS

The verse (Teth) begins with the Poet expressing his ‘long suffering’. It appears that he has suffered significantly and that his own affliction; test and trials were dealt by the hand of the Lord. We can discern this through his words which state that

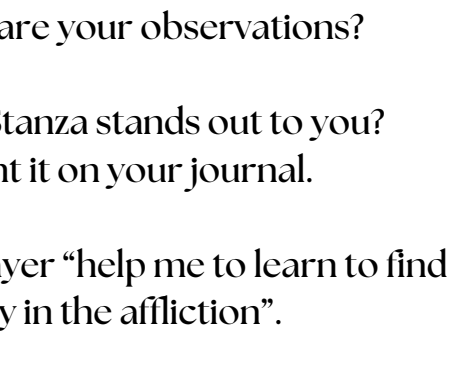
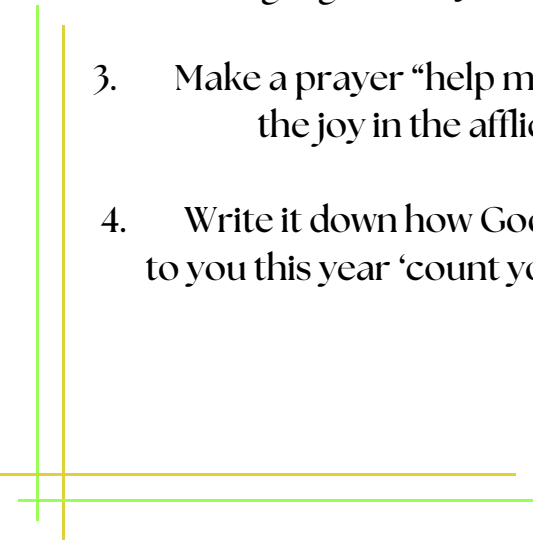
*Before I was afflicted, I went astray, But now I keep and honor Your word [with loving obedience]. ...It is good for me that I have been afflicted, That I may learn Your statutes.*

His afflictions had intent, it has bore fruits of righteousness and holiness. To learn, grow (transformation) and rely (sanctification) on God’s Word [James 1:2-4]. ... Thus, the Poet seems to be able to give due attention to God’s Word [Proverbs 3:5-6]. Which leads him to proclaim the goodness of God *You are good and do good; Teach me Your statutes.* [Romans 8:28]

In the end, he has come to the revelation that his intimate relationship with God together with His Word is far more precious *than thousands of gold and silver pieces.*

The Poet has highlighted the cost of ‘disciplined faith’... Our trials are a tool that our loving Father uses to help us grow. afflictions draws us closer to God and His Word. The Lord uses pain pain for a greater purpose therefore suffering is purposeful. It’s evidence of his love and it’s designed to help you grow. Therefore, we should be grateful for the chastisement, God’s discipline is good, though it may be painful for the present. It is worth more than silver or gold. Jesus suffered (Isaiah 53:3-6, Hebrews 5:8-9); you will too.

So, keep pressing on! [2 Corinthians 4:7-12]

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1. What are your observations?
  2. What Stanza stands out to you?  
Highlight it on your journal.
  3. Make a prayer “help me to learn to find the joy in the affliction”.
  4. Write it down how God has been good to you this year ‘count your blessings’
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## CHALLENGE

## INSPIRATION QUOTE

“

The furnace of affliction is a good place for you, Christian; it benefits you; it helps you to become more like Christ, and it is fitting you for heaven.

-Charles Spurgeon

”

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Thank You for your participation!